

Families Today

By T. Berry Brazelton, MD, and
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<http://families.naeyc.org/families-today>

Families Today is a collection of articles by T. Berry Brazelton, MD and Joshua Sparrow, MD. These articles relate to families that have young children and ideas on how to assist them in the daily challenges of raising young children. Some of the topics include:

[Learning to be a 'Big Brother'](#)

It's not easy for a child to become an older sibling. He or she will need the same understanding from parents as a younger child.

[A 14-Month-Old, Early to Bed and Early to Rise](#)

My 14-month-old is an excellent sleeper – he has slept through the night since he was 2 months old. However, he goes to bed early and wakes up early (typically 7:15 p.m.).

[A Toddler Who Bites His Mother](#)

For toddlers, biting might not mean that they are angry or upset.

[Where Did I Come From?](#)

My older daughter was conceived through IVF (in vitro fertilization). Shortly after her birth I began wondering when she might ask the inevitable question, “Where did I come from?” What would you say?

[A Grandma Treats 5-Year-Old Like a Baby](#)

I feel like my mother-in-law is undermining my daughter's progress toward independence. Am I overreacting?