

# NICU2HOME



**NICU2Home is a HCP follow-up program for families whose baby has been in the neonatal intensive care unit (NICU).**

We are excited you will be going home with your baby soon. To help make this transition as smooth as possible, we would like to offer you some helpful information, support and connections to resources in Jefferson County, CO.

## You are not alone.

Our team of nurse care coordinators and bilingual (Spanish) maternal child health specialists offer a family-centered approach, so you can feel more confident and capable to take care of your family's needs.

## HCP is here to help.

NICU2HOME provides:

- Parent education to understand the unique development of premature babies.
- Education on baby's cues and regulation.
- Support, education and information on feeding, sleeping, safety and medical conditions.
- Referrals to services, such as respite care (short-term breaks for caregivers), infant massage therapy, mental health, occupational therapists or any others that may be necessary.
- Connections to community groups for peer support and assistance.
- Assistance with medical insurance, Social Security Disability (SSDI)/Supplemental Security Income (SSI) and other funding opportunities.





## Getting Support is Easy

These services are FREE of charge. No diagnoses or medical conditions are required. This is a parent/guardian driven program focused on the family's goals, so parents and their care coordinator decide where to meet and what to work on. Families and care coordinators usually meet once a month with phone check-ins as needed.

We are here to help make this the best experience possible for you and your family.



## About HCP

HCP is a program that helps improve the health development and wellbeing of Colorado's children and youth with special health care needs (ages 0 to 21) and their families by connecting them with individualized care and support. If families are interested in a one-on-one home visit or just a quick chat over the phone, Jefferson County Public Health's team of trained, experienced care coordinators are here to listen to the family's unique needs, create a shared plan of care and help them reach their goals — every step of the way.

To learn more, please call 303-239-7006 or visit [www.jeffco.us/2208/Nurse-Home-Visitation-Programs](http://www.jeffco.us/2208/Nurse-Home-Visitation-Programs)